

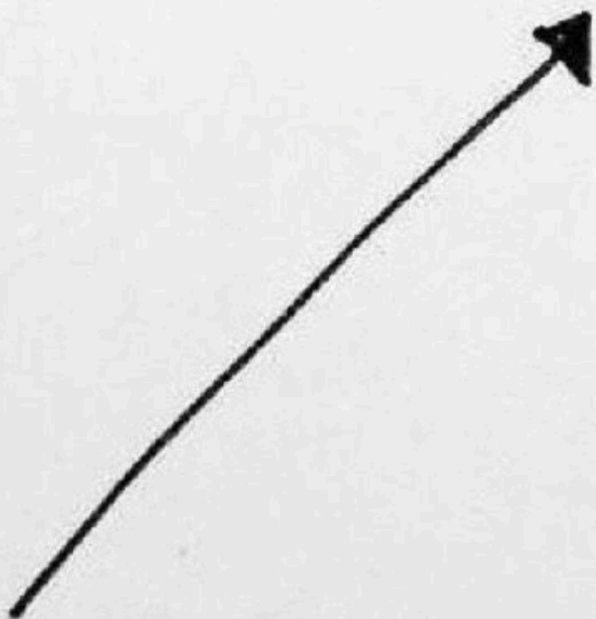
# People & Systems Around the Athlete

**Vincent Minjares**

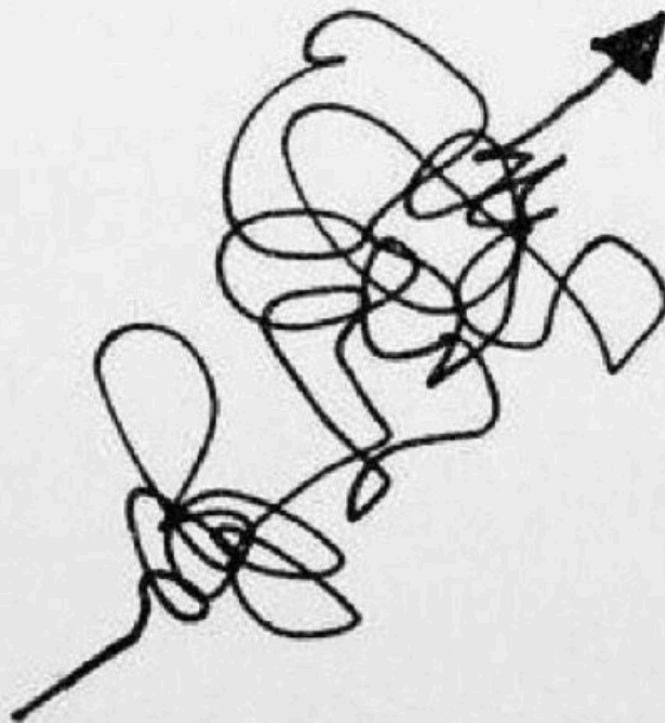
International Vice Chancellor  
Doctoral Scholar  
AUT University

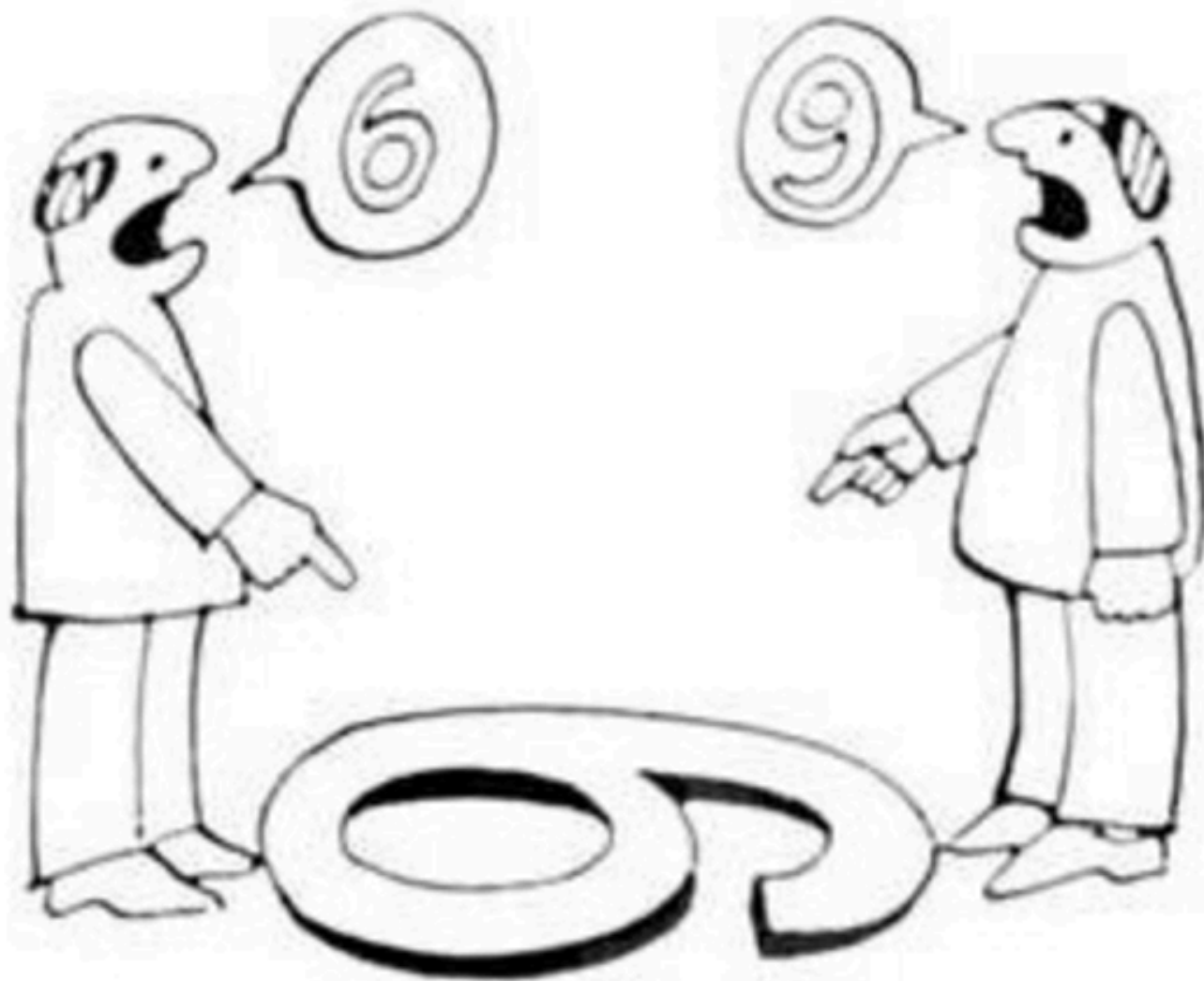
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Expectations



Reality





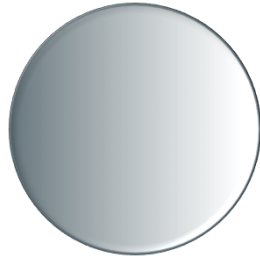
## Neurological

Quiet eye,  
Postural cue recognition



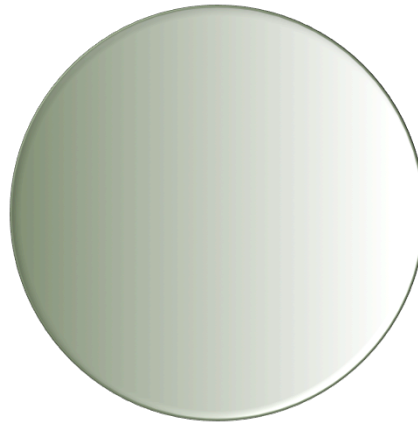
## Cognitive

Tactical awareness  
Game understanding  
Prior knowledge



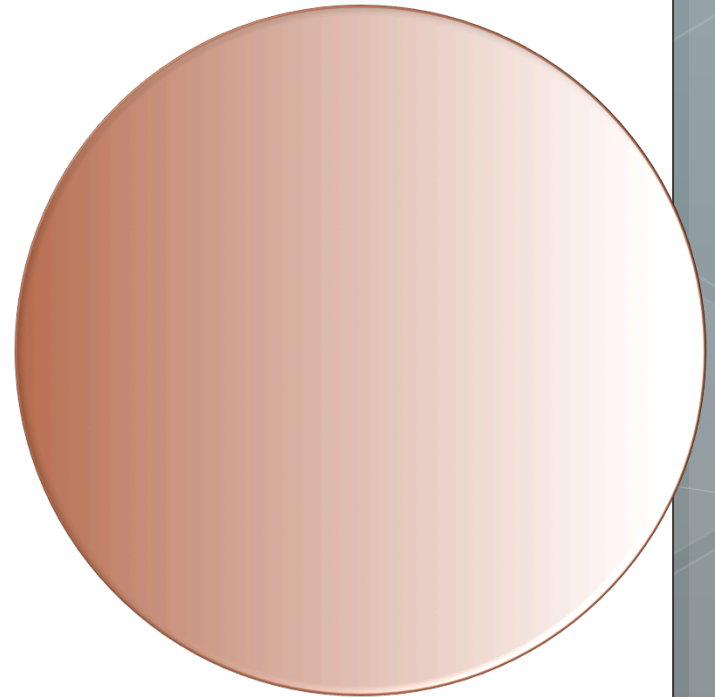
## Socio-cultural

Social affordances  
Belief systems  
Values, norms and rituals  
Communities of practice



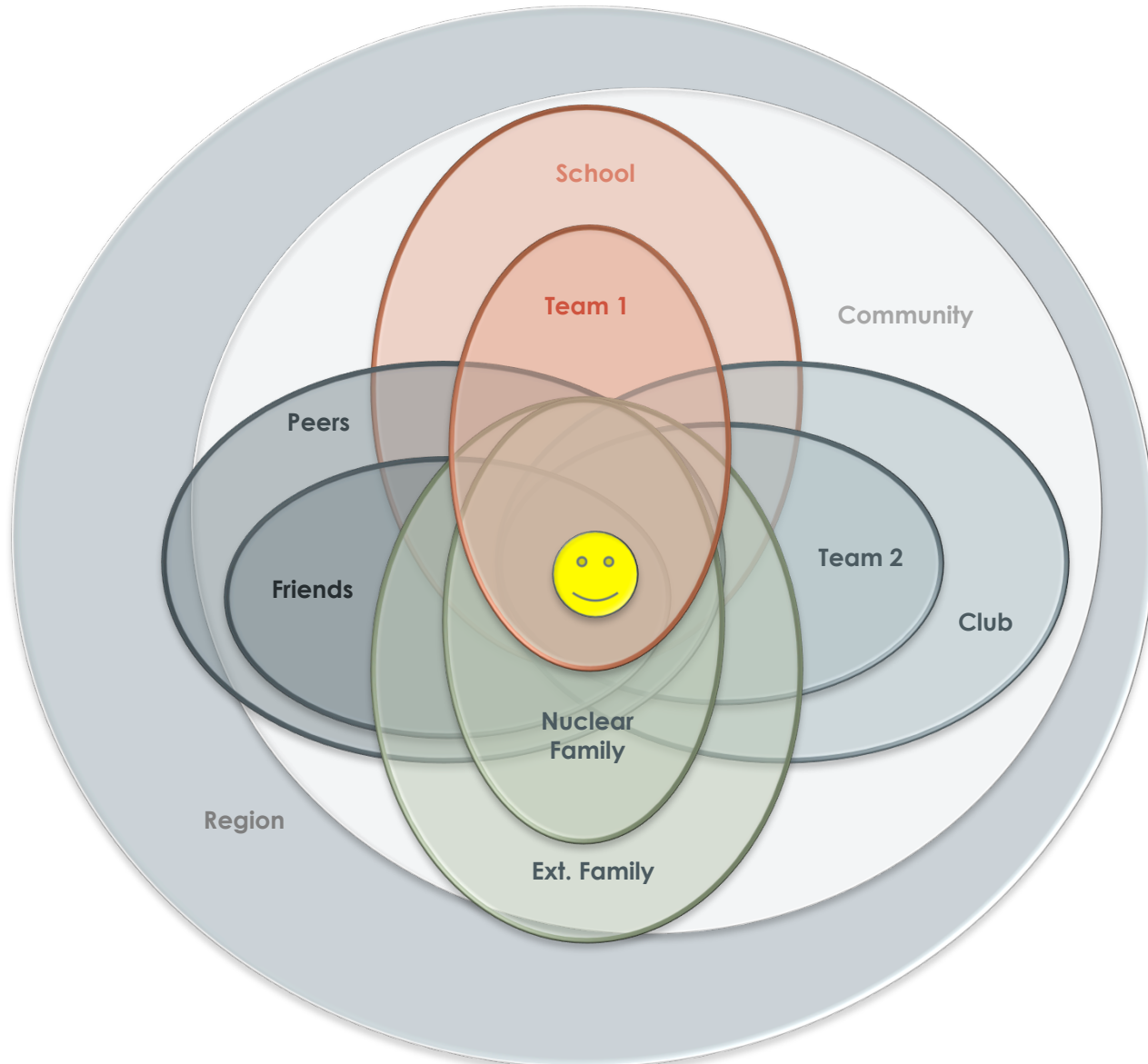
## Pathways & Structures

Facilities, funding, opportunity



# Good SPORTS







Goals for today:

**Gain perspective on perspective itself**





# **What did you see?**

## Justus + Dad

Talk with your neighbor



**“You are gonna give me your best effort. That’s what you are gonna give me.”**

**“Dude...you’re not getting it done. If you do something wrong, Do I tell you? I correct it. Or I tell you so you can correct it.”**

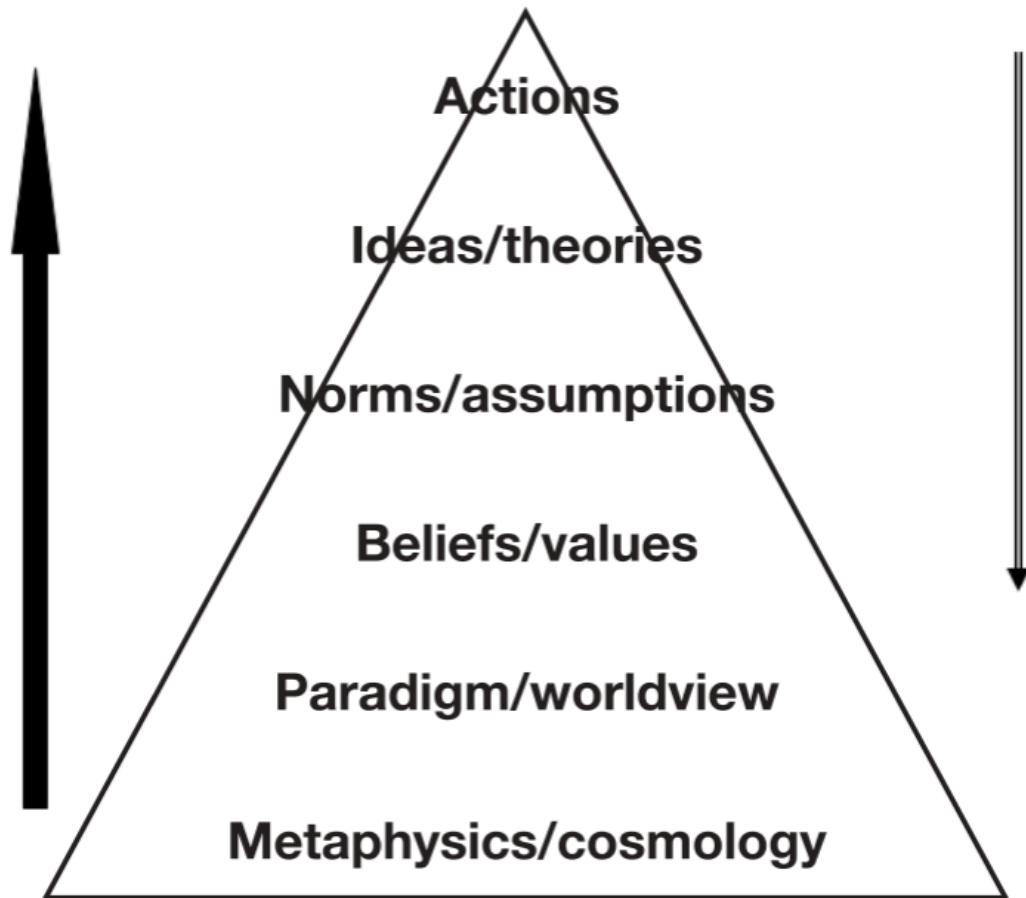
**“Gotta throw it to somebody else!”**



***“It doesn’t make any sense...you got me driving back and forth from this school...for you to go out and do absolutely nothing.”***



**“Every time I get back in the car, I feel like I’m in trouble or I did something wrong.”**



Sterling, S. (2010). Transformative Learning and Sustainability : sketching the conceptual ground. *Learning and Teaching in Higher Education*, (5), 17–33.

My goal	How I sabotage	Competing commitments	Big assumptions
I am committed to the value or importance of...	What am I doing or not doing that prevents my achieving this goal?	I may also be committed to...	I assume ...

<b>My child succeeding in sports</b>	<b>Criticise poor play</b> <b>Control decisions</b>	<b>Being the reason for my child's success in sports</b>	<b>My value as a parent depends upon my child's success</b>
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Kegan, R. (2009). *Immunity to Change*. Boston: Harvard Business School Publishing.



Guiding questions:

**What are the belief systems  
in the athlete's world?**

**How do they shape the experience?**

**VICE SPORTS**





**Now..What did you see?**  
Ashima + Dad

Talk with your neighbor



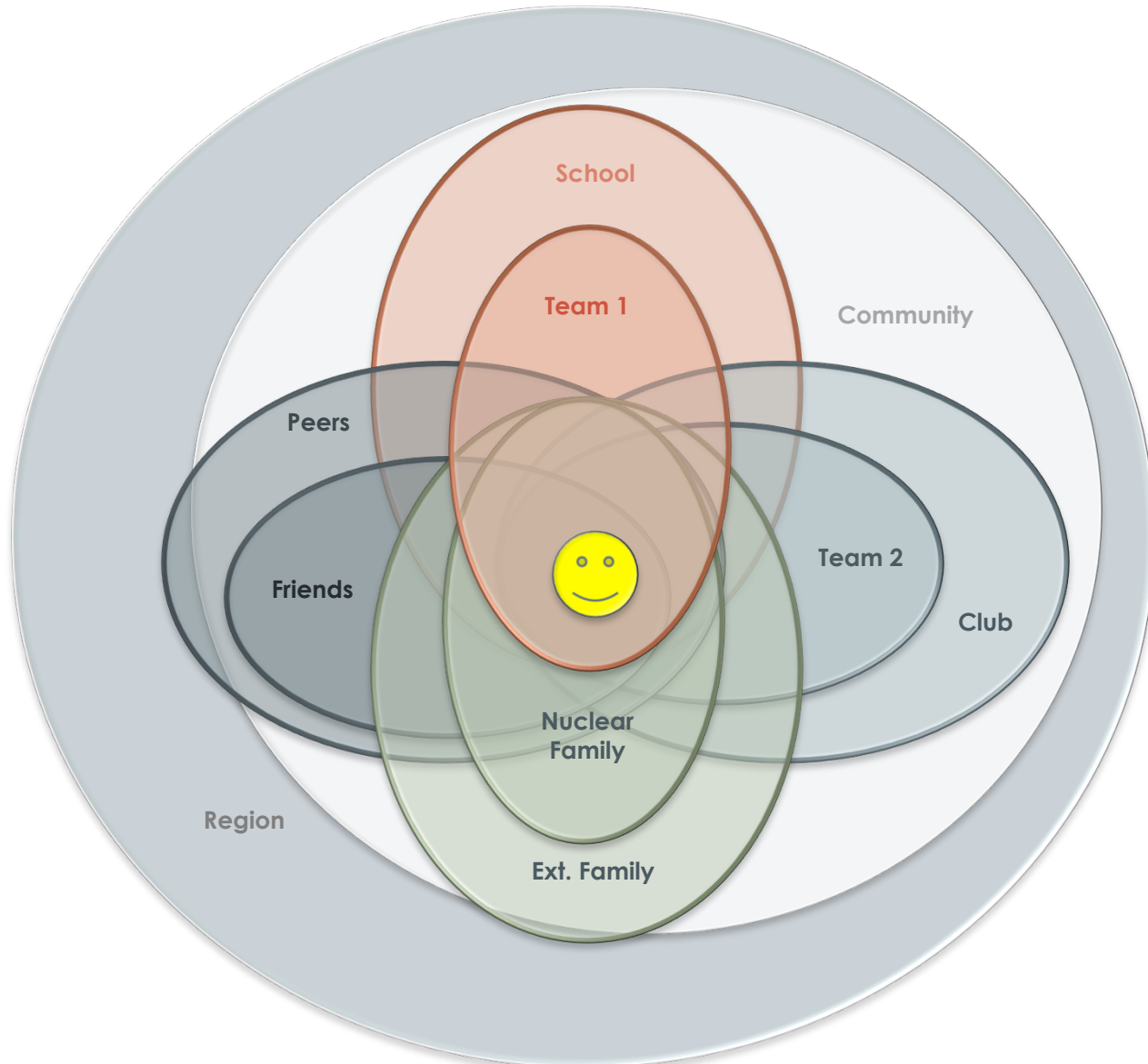


# **What did you see here?!**

## Ashima + Coach

Talk with your neighbor

Climate of PERFORMANCE	AREA OF CHILD'S SPORT EXPERIENCE	Climate of DEVELOPMENT
<u>Focus:</u> WINNING & LOSING	<b>INSPIRE</b> Self-Belief	<u>Focus:</u> EFFORT & IMPROVEMENT
ONLY THE BEST MATTER	<b>CONNECT</b> Sense of belonging	EVERYONE MATTERS
STRICT ADULT CONTROL	<b>EMPOWER</b> Personal autonomy	KIDS HAVE CONTROL
PERFORMANCE TRAINING	<b>PLAY</b> Teaching & learning	LEARNING THROUGH PLAY
EARLY SPECIALISATION	<b>SAMPLE</b> Investment approach	LATE SPECIALISATION





# What are the belief systems in the athlete's world?

Think of an athlete whose world you know.

# Suggestions:

- Conduct an honest self-assessment. What do you believe about talent development?
- Grab coffee with a parent or coach you may disagree with. Sort it out.
- Watch *Trophy Kids*
- Read *Immunity to Change* by Robert Kegan
- Let's try to keep our egos out of the talent development process.